

This is a sample of a token board that requires 5 tokens. You can add/remove columns to the token board table to increase or decrease the number of tokens required. The tokens are a temporary form of reinforcement that allows the child to earn access to larger reinforcement. For example, maybe you want a child to complete 5 chores prior to getting their final reinforcer. Here, they would earn 1 token for each chore that they complete. At the end, once they have all 5 tokens, maybe they get access to play video games for 30 minutes. It's recommended to use tokens that are reinforcing (i.e. if someone likes spiderman, use spiderman tokens).

Token Board				

